

Ride, run and paddle your way to adventure race glory at Lake Awoonga this weekend

Awoonga Dam Road Closed to public between 6am and 10:30am this Saturday, 23 October 2021

Competitors and spectators are getting ready for the Benaraby Progress Association's Lake Awoonga Adventure Race (LAAR) this Saturday morning (23 October), when more than 150 participants hit the course for the annual event.

Now in its third year, the adventure race features three legs – a trail bike ride, trail run and kayaking, all set against the beautiful backdrop of Lake Awoonga.

Gladstone Area Water Board (GAWB) Chief Executive Officer Darren Barlow was pleased to see the event return following the challenges of the COVID-19 pandemic.

"We're thrilled to continue our partnership with the Benaraby Progress Association, who work extremely hard to deliver the adventure race each year.

"The Adventure Race was created by a group of local residents who are passionate about promoting and boosting the use of Lake Awoonga – something we're equally passionate about," Mr Barlow said.

"Lake Awoonga is the ideal backdrop for this one-of-a-kind community event and we can't wait see this year's participants turn out for what is sure to be an entertaining morning," Mr Barlow said.

LAAR Event Coordinator Andrea Ruppik said interest in the race was growing every year.

"This year we've received our highest number of registrations on record," Ms Ruppik said.

"We're incredibly proud of the hard work our organising committee put in to make this happen. i

"We're grateful to the Gladstone Area Water Board, and our many other event supporters and stakeholders, who continue to support our event."

Members of the public should also expect a small number of road closures at Lake Awoonga on Saturday morning while the race is underway.

Road Closures – Saturday 23 October 2021

The Lake Awoonga Adventure Race is this weekend!

The following road closures will be in place at Lake Awoonga this Saturday 23 October:

- 6am to 10:30am: Awoonga Dam Road - Riverston Bay turn-off to Public Boat Ramp.
- 6:25am to 6:45am: Lake Awoonga Main Entrance.

For more information regarding the Lake Awoonga Adventure Race please visit www.LAAR.com.au

Media Enquiries: 4976 3000/ 0438 673 776.